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RAGE
mmol/L

n 12am

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#1

DOCTOR
PRESCRIBED
SYSTEMS IN
CANADA*

Unlock new
conversations using the
FreeStyle Libre systems
app⁺ reports.

#1

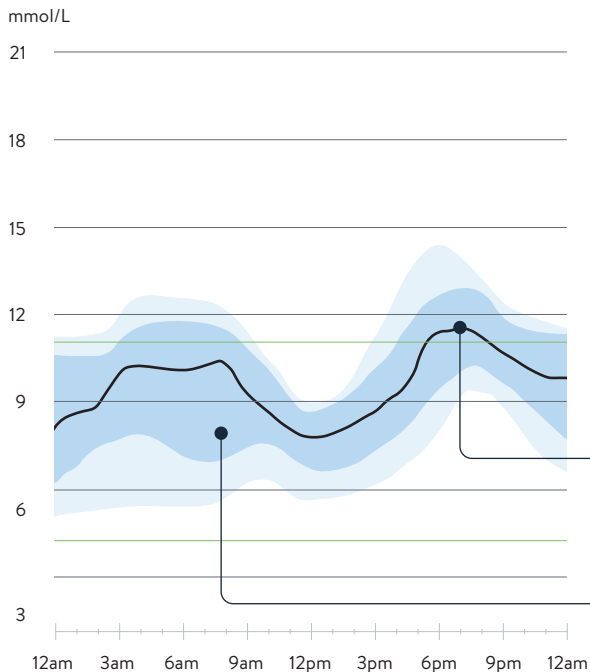
Coverage
in
Canada¹

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Daily Patterns ▾

July 15- 29, 2025



Select time period



7 DAYS

14 DAYS

30 DAYS

90 DAYS

Images are for illustrative purposes only, in app screens may differ

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Daily Patterns ▾

Displays the daily pattern and variability of sensor glucose readings over a typical day.

Note: Daily Patterns needs at least 5 days of glucose data



Goal:

A flatter, narrower line that stays in target range for >70% of the time.²



How to use:

- Identify trends in lows and highs.
- For areas of high variability, discuss factors such as food, exercise, medication or stress during these times.

Median

The thick black line shows the midpoint of sensor glucose readings throughout the day.

Glucose range

The blue shading shows the variability of glucose readings: Light blue for the 5th to 95th percentiles and dark blue for the 25th to 75th percentiles.

Additional information related to each report can be found by simply clicking the blue **i** button.

Graphs can display data based on different time periods to visualize changes over time.

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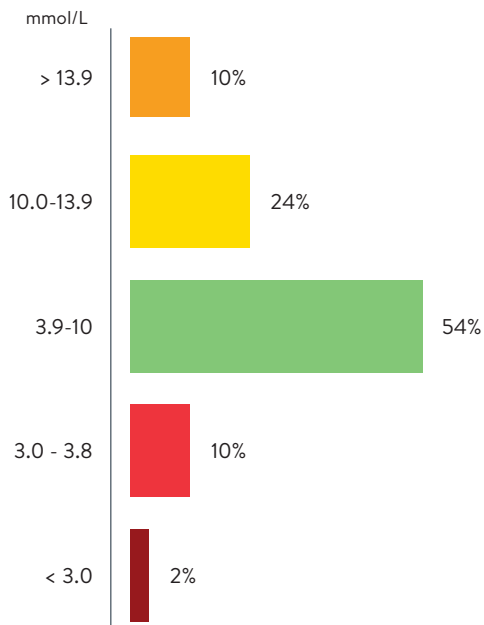


Time in Ranges ▾

July 15–21, 2025

Custom

Standard



Standard Target Range: 3.9 - 10mmol/L



7 DAYS

14 DAYS

30 DAYS

90 DAYS

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Time in Ranges ▾

Displays the percentage of time spent within, above or below the target range over the selected time period.

**Goal:**

Diabetes Canada recommends the following targets:

- >70% Time in Range²
- <25% Time Above Range²
- <4% Time Below Range²

**How to use:**

- Evaluate time spent in different ranges
- Discuss factors contributing to time spent below or above range

Did you know?

Every **10%** increase in Time in Range leads to a **0.8%** reduction in A1C.³

**Note:**

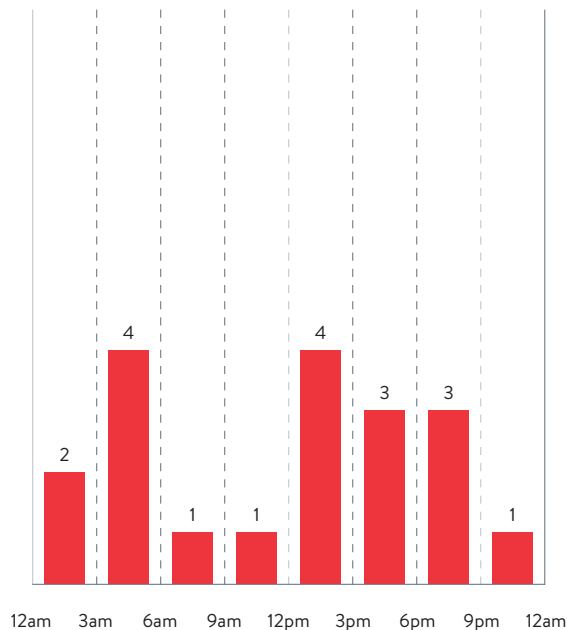
Range can be customized





Low Glucose Events ▾

July 15- 21, 2025



Total Events: 19



7 DAYS

14 DAYS

30 DAYS

90 DAYS

Images are for illustrative purposes only, in app screens may differ



Low Glucose Events ▾

Displays the number of low glucose events over the selected period of time and helps to quickly identify the time of day when lows are most likely to occur.



Goal:

Minimize the frequency of low glucose events and identify contributing factors.



How to use:

- Review time periods with frequent lows and explore possible contributing factors.
- Discuss strategies to reduce or eliminate lows during these times.

Total events

The total number of low glucose events during the selected time period and date range.

Note:

A low glucose event is recorded when glucose readings are lower than **3.9 mmol/L** for longer than **15 minutes**.

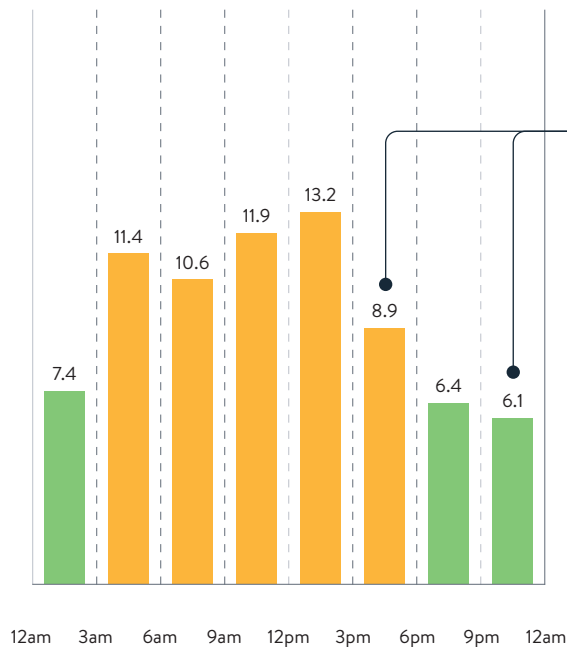


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Average Glucose ▾

July 15, 2025 - July 29, 2025



Average: 9.5 mmol/L



7 DAYS

14 DAYS

30 DAYS

90 DAYS

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Average Glucose ▾

Displays the average of sensor glucose readings for different periods of the day.

Colour indicators

- Green: Readings within target range.
- Yellow/Orange: Readings slightly above or slightly below target range.
- Red: Readings below target range.



Goal:

>70% of the time spent in range²



How to use:

- Identify time periods where glucose is consistently out of range and evaluate potential contributing factors.
- Discuss adjustments to daily routines that could help maintain glucose within the target range.

Overall average

Shows the overall average glucose reading for the selected date range.

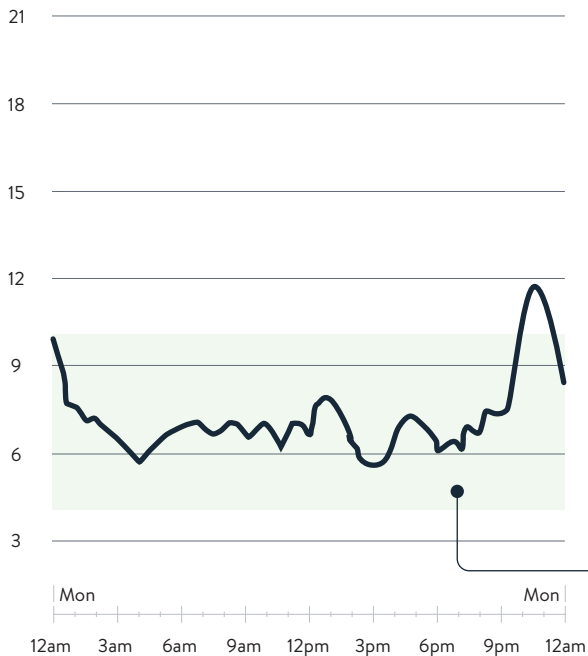
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Daily Graph ▾

JULY 21, 2025

mmol/L



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Daily Graph ▾

Displays the sensor glucose readings throughout the specific day.

**Tip:**

A steady, flat line within the target range reflects stable glucose levels and reduced variability.

**Goal:**

A steady, flat line within the target range.

**How to use:**

- Assess glycemic variability throughout the day, paying attention to highs and lows.
- Significant peaks and valleys suggest higher glucose variability.
- Discuss factors contributing to out-of-range results.

Target range

Shows the target glucose range on the graph.

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GMI ▾

July 15- 22, 2025

Glucose Management Indicator (GMI)

7.6%

(60 mmol/mol)



7 DAYS

14 DAYS

30 DAYS

90 DAYS

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GMI ▾

GLUCOSE MANAGEMENT INDICATOR (GMI)

Provides an estimated A1C based on available sensor glucose data

Data dependence

The GMI is dependent on sensor readings, the more readings – the more accurate the result.

**How to use:**

- Use as a guide for individuals without a recent A1C reading.
- Use in discussions about the effect of Time in Range on A1C

Laboratory comparison

GMI cannot be used in place of laboratory A1C testing.

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Sensor Usage ▾

July 15- 22, 2025

56

Total Views

7

Views Per Day

96

% Time Sensor is Active



7 DAYS

14 DAYS

30 DAYS

90 DAYS

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Sensor Usage ▾

Displays the total number of views during the selected period.

**Goal:**

Diabetes Canada recommends sensor use for more than 70% of a 14-day period.³

**How to use:**

- The number of scans or views per day can reflect the patient's level of engagement with the app.
- If sensor capture is low, discuss the patient's experience with the sensor to identify potential factors affecting data capture.

Sensor data captured

Shows the percentage of possible sensor data recorded based on selected time period.



The FreeStyle Libre 3 Flash Glucose Monitoring System (FreeStyle Libre 3 Reader or FreeStyle Libre 3 app used with FreeStyle Libre 3 Plus Sensor) is indicated for measuring interstitial fluid glucose levels continuously in people aged 2 years and older with diabetes mellitus. Always read and follow the label/insert.

The FreeStyle Libre 2 flash glucose monitoring system is indicated for measuring interstitial fluid glucose levels in people aged 4 years and older with diabetes mellitus. Always read and follow the label/insert.

Images are for illustrative purposes only. Not real patient or data.

* Data on file, Abbott Diabetes Care, Abbott Laboratories Co. Based on the number of prescriptions claimed at pharmacy in Canada for the FreeStyle Libre portfolio compared to the number of prescriptions claimed at pharmacy for other leading sensor-based glucose monitoring systems.

† The FreeStyle Libre system apps are only compatible with certain mobile devices and operating systems. Please check the Support section of our website for more information about device compatibility before using the app. Use of the FreeStyle Libre system apps requires registration with LibreView.

References: **1.** Data on File. Abbott Diabetes Care. Abbott Laboratories Co. Based on number of lives covered through public and/or private insurance compared to other sensor-based glucose monitoring devices in Canada. **2.** Diabetes Canada Clinical Practice Guidelines Expert Committee. Diabetes Canada 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada. *Can J Diabetes* 2018;42(Suppl 1):S1-S325. **3.** Vigersky, Robert A., and Chantal McMahon. "The Relationship of Hemoglobin A1C to Time-in-Range in Patients with Diabetes." *Diabetes Technol Ther* 21, no. 2 (2019): 81-85. <https://doi.org/10.1089/dia.2018.0310>.



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